



Catalogue

Packaged

Nuts, dried fruit, spices, seeds and snack mixes

BIO NUTS 2021 Ltd.

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Catalogue as of 11.10.2026

For retailers and restaurants — prices on request.

Raw nuts



Almonds

Crunchy almonds with a rich nutty taste – for snacking, baking and salads.

Pack sizes: 200 g, 500 g



Brazil Nuts

Brazil nuts with a smooth, delicate taste – for snacking and baking.

Pack sizes: 100 g, 200 g, 500 g



Cashews

Cashews with a buttery texture and a mild, sweet taste – for snacking, sauces and desserts.

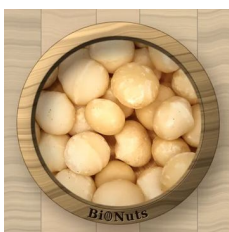
Pack sizes: 200 g, 500 g



Hazelnuts

Hazelnuts with a rich, buttery flavour and a delicate crunch – for desserts, salads and spreads.

Pack sizes: 500 g



Macadamia Nuts

Macadamia nuts with a rich, buttery flavour and satisfying crunch – for desserts, salads and snacking.

Pack sizes: 200 g, 500 g



Peanuts

Peanuts with an intense flavour and pleasant crunch – for sauces, baking and homemade peanut butter.

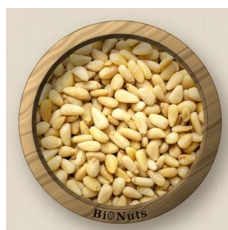
Pack sizes: 200 g, 500 g



Pecans

Pecans with a rich, buttery flavour and crisp texture – for snacking, baking and salads.

Pack sizes: 200 g, 500 g



Pine Nuts

Pine nuts with a delicate, buttery flavour – for pesto, salads, roasted vegetables and baking.

Pack sizes: 100 g, 200 g, 500 g



Pistachios

Pistachios with a distinctive flavour, vibrant colour and satisfying crunch.

Pack sizes: 200 g, 500 g, 1 kg



Walnuts

Walnut kernels with a rich, buttery flavour – for salads, baking, bread and granola.

Pack sizes: 200 g, 500 g, 1 kg

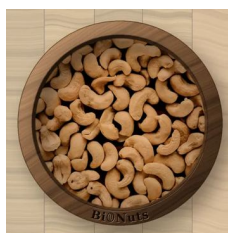
Roasted nuts



Roasted Almonds

Roasted almonds – crunchy, with a rich roasted aroma. For snacking and salads.

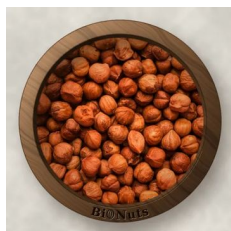
Pack sizes: 200 g, 500 g



Roasted Cashews

Roasted cashews – buttery and crunchy, with a mild sweet taste. Perfect for snacking.

Pack sizes: 200 g, 500 g



Roasted Hazelnuts

Roasted hazelnuts – fragrant and crunchy, for snacking, baking and homemade spreads.

Pack sizes: 200 g, 500 g



Roasted Peanuts

Roasted peanuts – crunchy, for snacking, with a drink or for homemade peanut butter.

Pack sizes: 200 g, 500 g, 1 kg



Roasted Pistachios

Roasted pistachios – crunchy, with their distinctive taste. The classic snack.

Pack sizes: 200 g, 500 g, 1 kg

Dried fruit



Dates

Deglet Noor and Medjool dates – naturally sweet with a caramel-like taste.

Pack sizes: 200 g, 500 g, 1 kg



Dried Apples

Dried apple chunks with natural sweetness – plain or with cinnamon and sugar.



Dried Apricots

Dried apricots with a bright orange color and a juicy, sweet-tangy taste.

Pack sizes: 200 g, 500 g



Dried Aronia

Dried aronia (chokeberry) – small dark berries with a tart-sweet taste.



Dried Banana

Dried banana with natural sweetness – a quick energy snack on the go and a breakfast topping.

Pack sizes: 200 g, 500 g



Dried Blackberries

Dried blackberries with a juicy, slightly tart taste – for smoothies, salads and desserts.

Pack sizes: 200 g, 500 g



Dried Blueberries

Dried blueberries with a sweet, slightly tangy taste – for breakfast, salads and baking.

Pack sizes: 200 g



Dried Cantaloupe

Dried cantaloupe – sweet and refreshing, for snacking and desserts.

Pack sizes: 200 g, 500 g



Dried Cherries

Dried cherries with a sweet-tart taste – for snacking, desserts and salads.

Pack sizes: 200 g, 500 g



Dried Cranberries

Dried cranberries with a sweet-tart taste – for salads, muesli and baking.

Pack sizes: 200 g, 500 g



Dried Figs

Soft, sweet dried figs – for snacking, baking, salads and desserts.

Pack sizes: 200 g, 500 g



Dried Kiwi

Dried kiwi with a sweet-tangy flavour and chewy texture – for snacking, nut mixes and desserts.

Pack sizes: 200 g, 500 g



Dried Mango

Dried mango slices with a rich tropical flavour – for snacking, nut mixes and desserts.

Pack sizes: 200 g, 500 g



Dried Papaya

Dried papaya with a mild, sweet flavour – spears for snacking or chunks for muesli and baking.

Pack sizes: 200 g, 500 g



Dried Pineapple

Dried pineapple with a sweet and tangy tropical flavour – in dices or rings.

Pack sizes: 200 g, 500 g



Dried Pomelo

Dried pomelo – natural or green – with a mildly sweet, tangy citrus taste.

Pack sizes: 200 g, 500 g



Dried Quince

Aromatic quince with a tart-sweet flavour – for desserts, preserves and savoury dishes.

Pack sizes: 200 g



Dried Raspberries

Dried raspberries with a vibrant sweet-tart flavour – for smoothies, desserts, salads and baking.



Dried Sea Buckthorn

Bright orange sea buckthorn berries with a tangy, refreshing taste – for tea, jams and muesli.



Dried Sea Buckthorn with Apple Juice

Sea buckthorn infused with apple juice – a milder sweet-tart taste for tea, muesli and yoghurt.



Dried Sour Cherries with Apple Juice

Dried sour cherries infused with apple juice – a pleasant balance of tart and sweet.



Dried Strawberries

Dried strawberries with a sweet, slightly tangy flavour – for muesli, smoothies, desserts and baking.

Pack sizes: 200 g, 500 g, 1 kg



Fruit Mix

A colourful mix of dried fruit in small dices – for muesli, yoghurt and baking.

Pack sizes: 200 g, 500 g



Goji Berries and Mulberries

Dried goji berries and mulberries – for smoothies, cereals or straight from the bag.

Pack sizes: 200 g, 500 g



Prunes

Naturally sweet, chewy prunes – for snacking, baking and savoury dishes.

Pack sizes: 200 g, 500 g



Raisins

Sweet, chewy raisins with a caramel-like flavour – for snacking, muesli, baking and salads.

Pack sizes: 200 g, 500 g



Rose Hips

Dried rose hips with a sweet-tart flavour – for tea, jams and syrups.

Seeds



Blue Poppy Seeds

Blue poppy seeds with a mild nutty flavour and fine crunch – for bread, cakes, muffins and salads.



Chia Seeds

Chia seeds with a mild nutty taste – for puddings, smoothies, salads and baking.

Pack sizes: 200 g, 500 g



Linseeds

Linseeds (flaxseeds) with a subtle nutty flavour – for bread, smoothies, salads and cereals.

Pack sizes: 200 g, 500 g



Milk Thistle Seeds

Milk thistle seeds with a subtle nutty flavour – for salads, granola, baking and spice blends.



Pumpkin Kernels

Shelled pumpkin kernels with a rich nutty flavour and crunch – for salads, bread and granola.

Pack sizes: 200 g, 500 g



Pumpkin Seeds

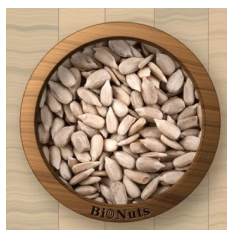
Pumpkin seeds with a nutty flavour and satisfying crunch – for snacking, salads and baking.



Sesame Seeds

Sesame seeds with a rich nutty flavour – for baking, salads, Asian dishes and homemade tahini.

Pack sizes: 200 g



Sunflower Kernels

Shelled sunflower kernels with a mild nutty flavour – for salads, bread, granola and bars.

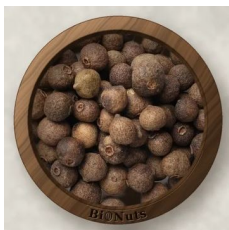
Pack sizes: 200 g, 500 g



Sunflower Seeds

Sunflower seeds with a mild nutty flavour and crunch – for snacking, salads and baking.

Herbs & spices



Allspice

Allspice with warm notes of cinnamon, nutmeg and cloves – for soups, stews, marinades and baking.



Basil

Dried basil with a fragrant, slightly sweet taste – for sauces, soups, pizza and pasta.



Bay Leaves

Dried bay leaves with a gentle aroma – for soups, stews, sauces and slow-cooked dishes.



Black Pepper

Black, white and pink pepper – whole or ground – for every savoury dish.



Chili Flakes

Crushed red chili peppers for heat in pizza, pasta, soups, sauces and marinades.



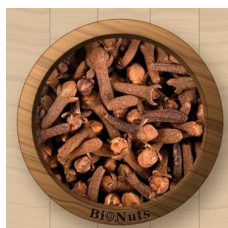
Chillies

Chillies – for a fiery kick in sauces, soups, marinades and stews.



Cinnamon

Cinnamon with a warm, sweet aroma – for baking, drinks and savory dishes.



Cloves

Cloves with a strong, warm, slightly sweet aroma – for baking, marinades and sauces.



Coriander

Coriander with a warm, citrusy aroma – for soups, curries, baking and spice blends.



Crushed Chillies

Crushed hot chillies, half seeds and half flakes – for pizza, pasta, sauces and marinades.



Cumin

Cumin with a warm, earthy taste – for soups, stews, curries and spice blends.



Dried Aloe Vera

Dried aloe vera – for tea, smoothies or as part of your daily routine.



Dried Garlic

Dried garlic for a strong garlic flavour without fresh cloves – for soups, stews, marinades and meat.



Dried Ginger

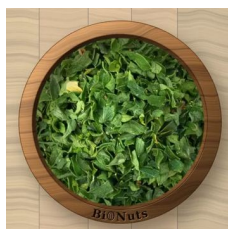
Aromatic dried ginger with a warm, slightly spicy flavour – for tea, baking and curries.

Pack sizes: 200 g, 500 g



Dried Onion

Dried onion as powder or flakes – for soups, sauces, marinades and slow-cooked dishes.



Dried Parsley

Dried parsley with a fresh, mild flavour – for soups, stews, sauces, salads and marinades.



Fennel Seeds

Aromatic seeds with a sweet, liquorice-like taste – for bread, soups, sausages and curries.



Fenugreek

A spice with a slightly bitter, nutty flavour – for curries, stews and spice blends.



Ginger Powder

Ground ginger with a warm, mildly spicy flavour – for baking, sauces, drinks and curries.



Mahlep

A fragrant spice from St Lucie cherry seeds with notes of bitter almond and cherry – for sweet breads and cakes.



Mustard Seeds

Mustard seeds with a sharp, pungent taste – for pickles, marinades, sauces and homemade mustard.



Nutmeg

A warm, aromatic spice with a slightly sweet flavour – for béchamel, baking, soups and sauces.



Oregano

Dried oregano with an earthy taste and hints of pepper and mint – for pizza, pasta, meat and vegetables.

Pack sizes: 100 g, 200 g, 500 g



Paprika

Sweet paprika with a vibrant colour, plain or smoked – for soups, stews, meat and vegetables.

Pack sizes: 200 g, 500 g



Sage

Fragrant herb with a strong, earthy flavour – for roasts, sauces, soups and vegetables.



Salt

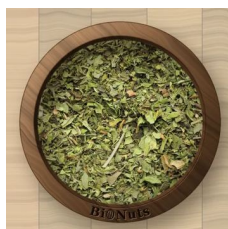
Himalayan salt, salt flower and non-iodised sea salt – for cooking and finishing dishes.

Pack sizes: 200 g, 500 g



Senna Pods

Dried senna pods – a traditional herb for an infusion to relieve constipation.



Spearmint

Cut dried spearmint with a fresh, cooling aroma – for tea, sauces, salads and lamb.



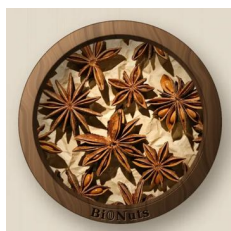
Spice Blend

A balanced blend of herbs and spices for grilled meat, roasted vegetables, soups and stews.



Spice Mixes

Ready-made spice mixes – for barbecue, curry, Italian herbs, za'atar and tacos.



Star Anise

Star anise with a sweet, licorice-like flavor – for broths, stews and desserts.



Thyme

Fragrant thyme with a warm flavour and hints of mint and lemon – for soups, stews and roasts.

Pack sizes: 200 g, 500 g

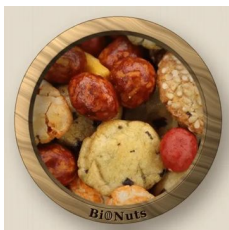


Turmeric

Ground turmeric with a warm, earthy flavour and golden colour – for curries, soups and marinades.

Pack sizes: 200 g, 500 g

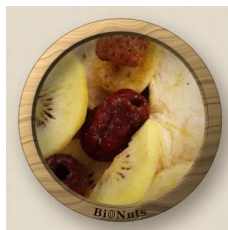
Snacks & mixes



Crackers

Crispy savory crackers – for cheese, spreads and appetizers.

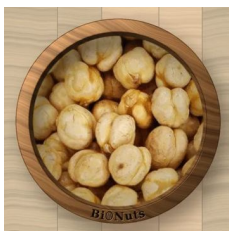
Pack sizes: 200 g, 300 g, 500 g



Fruit Chips Mix

A crunchy mix of fruit chips – apple, banana, pineapple, mango – a light, sweet snack.

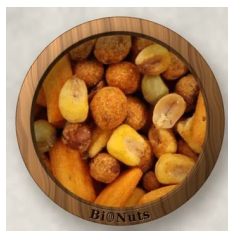
Pack sizes: 200 g, 500 g



Roasted Chickpeas

Crunchy roasted chickpeas with a nutty flavour – for snacking, salads and bowls.

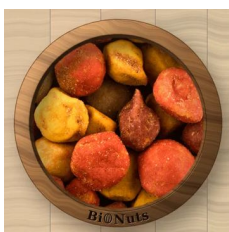
Pack sizes: 200 g, 500 g



Snack Mixes

Cocktail crackers and mixes of nuts, fruit and seeds – Energy, Power and Bar.

Pack sizes: 200 g, 500 g



Snacks

Crunchy snacks with bold flavours – wasabi peanuts, Mexicanos, BBQ corn nuts and more.

Pack sizes: 200 g, 500 g



Spicy Tako Flavor Cones

Crunchy spicy cones with tako flavor – for party platters and snacking.

Pack sizes: 250 g



Tortilla Chips

Crisp tortilla chips with a neutral flavour – for dips, spreads and cheese.

Grains & cereals



Breakfast Cereals

Breakfast cereals – corn flakes, muesli, choco balls and more – for a quick, tasty breakfast.

Pack sizes: 200 g, 500 g



Buckwheat

Buckwheat with an earthy, slightly nutty taste – for porridge, salads and flour.

Pack sizes: 200 g, 500 g



Bulgur and Couscous

Bulgur (fine, extra-fine and coarse), handmade couscous and hulled broken wheat.



Hulled Wheat

Hulled wheat with an earthy flavour – for pilafs, soups, grain salads and baking.



Millet

Millet with a mild, slightly sweet flavour – for porridge, salads and side dishes.



Oats

Oats for porridge, homemade granola and baking.



Popcorn Kernels

Popcorn kernels that pop into light, fluffy popcorn for movie night at home.

Pack sizes: 200 g, 500 g



Quinoa

Quinoa with a delicate nutty flavour, quick to cook – for salads, bowls and breakfast.

Pack sizes: 200 g, 500 g



Rice

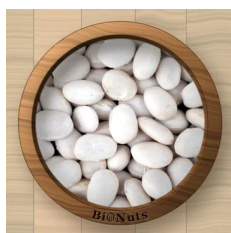
Rice for pilaf, risotto, casseroles and side dishes – fluffy or slightly sticky depending on the variety.



Rye

Rye with a rich, slightly earthy flavour – for homemade bread, crackers and cereals.

Pulses



Beans

Beans – dark red kidney, white, black and black-eyed – for stews, chili and salads.

Pack sizes: 500 g, 1 kg



Chickpeas

Chickpeas with a nutty taste and firm texture – for hummus, stews and falafel.

Pack sizes: 200 g, 500 g



Lentils

Earthy-flavoured lentils that cook quickly – for soups, stews and salads.

Pack sizes: 500 g



Peas

Dried peas with an earthy flavour and creamy texture – for soups, stews and purées.



Yellow Split Peas (Fava)

Split peas for fava, soups and stews – mild flavour and creamy texture.

Baking



Baker's Ammonia

Baker's ammonia for crisp cookies and homemade biscuits – a strong rise with no aftertaste.



Baking Soda

Baking soda for fluffy cakes, bread and pastries.



Citric Acid

Citric acid (lemon salt) – for a tangy touch in sauces, drinks and preserves.



Coconut Sugar

Coconut sugar with a caramel-like taste – a natural sweetener for baking and drinks.



Desiccated Coconut

Finely grated dried coconut with a gentle sweetness – for baking, granola and desserts.

Pack sizes: 200 g, 500 g



Mastic Gum

An aromatic resin from the mastic tree with pine and cedar notes – for pastries, ice cream and sweet breads.



Sugar, Vanilla and Baking Essentials

Sugar, brown cane and coconut sugar, vanilla, baking powder and citric acid.

Tea



Chamomile

Dried chamomile for a fragrant tea with a delicate floral taste.



Hibiscus

Dried hibiscus flowers with a deep red colour and a tangy taste – for hot and iced tea.

Pack sizes: 200 g



Tea

Black tea, Gunpowder green tea, Gunpowder black tea and mountain tea.